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## Trails Day Celebration: Hike is set on local trails



Monday, 31 May 2010 00:00

Residents from across the state will hit the trails to take part in the 18th Annual Connecticut Trails Day Celebration on Saturday and Sunday, June 5 and 6.

Redding's Saugatuck Falls Natural Area is one of the venues for a hike on June 5 from 9:30 to 12:30. The five-mile hike will be lead by Stuart Green, the town's trail boss, and Jere Ross, a trail tender and Conservation Commission member.

Meet behind the West Redding Firehouse off Umpawaug Road. No pre-registration is required. The Conservation Commission is the hike's sponsor. For more information, call Mr. Green at 203-938-9481.

The Trails Day Celebration is coordinated by the Connecticut Forest & Park Association (CFPA), a private, non-profit organization dedicated to conserving Connecticut's land, trails, and natural resources. There will be events for everyone — including hiking, biking, trail maintenance, kayaking, educational walks, bird watching, geocaching, and more.

Once again, Connecticut will hold the record for the largest Trails Day celebration in the nation, with 162 events scheduled in more than 88 towns throughout the state. These events are guided by knowledgeable volunteers from local hiking clubs, parks and recreation departments, state agencies, conservation groups, and land trusts.

Connecticut Trails Day is part of National Trails Day, a nationwide hiking initiative established by the American Hiking Society in 1993. Trails Day encourages the public and outdoor enthusiasts nationwide to seek out their favorite trails while participating in numerous events held in each state.

A full listing of Connecticut events is published by CFPA in an annual Connecticut Trails Day booklet. Booklets are available at the CFPA office (16 Meriden Road; Rockfall, CT 06481), libraries, the DEP Bookstore, and at outdoor retailers North Cove Outfitters, L.L. Bean, Cabela's, REI, and Eastern Mountain Sports. The Connecticut Tourism district offices and many YMCA locations also have booklets available. For more information and to view the event booklet online, visit [www.ctwoodlands.org/CT-TrailsDay2010](http://www.ctwoodlands.org/CT-TrailsDay2010).

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